

Roxanne Rae, MSW, LCSW, BCD  
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California License LCS 7194  
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### Education

- M.S.W. School of Social Work, California State University,  
Sacramento, Sacramento, CA, 1977 (Health Concentration)
- B.A. School of Social Welfare, California State University,  
Sacramento, Sacramento, CA, 1975
- A.A. American River College, Sacramento, CA, 1973

### Professional Certification

Licensed Clinical Social Worker, State of Oregon, February 2006-present

Licensed Clinical Social Worker, State of California, 1979-present

Diplomat in Clinical Social Work, American Board of Examiners in Clinical  
Social Work, 1987-present

Vision Quest into Symbolic Reality, Sandtray-Worldplay Trainer for Level  
One and Level Two (1500 hours), 1998

Certified as expert witness on more than 60 occasions over 25 years for  
the California Superior Courts of Sacramento, El Dorado, and Placer  
Counties and Sacramento County Juvenile Court

## Supervision and Consultation

1995-2004: *Private Practice*. Directed a bi-monthly clinical consultation/supervision group focused on sand tray, expressive arts, and play therapies.

1995-2004: *Private Practice*. Provided individual supervision/consultation for LCSW and MFT candidates and licensed colleagues in private practice.

2002-2004: *Volunteers in Victim Assistance (VIVA)*, Staff Clinical Supervisor. Directed weekly supervision meetings for MFT interns and trainees providing therapy to crime victims. Included periodic individual supervision.

## Employment

10/2005-present *Out-patient Therapist*, Southern Oregon Child Study and Treatment Center, Ashland and Medford, OR. Administer various treatment modalities with children and their families who present with a broad range of difficulties (half-time).

1/2005-present *Roxanne Rae, LCSW, BCD, Sand Tray/Sandplay Education*, Ashland, OR. Provide trainings related to parenting, Sand Tray/Sandplay, and other clinical areas. Work with adults to afford opportunities for personal growth education in both group and individual sessions using the Sand Tray/Sandplay technique.

1/2002-1/2005 *Roxanne Rae, LCSW, BCD, Private Practice*, Sacramento, CA. Provided therapy for children and adults with a wide variety of presenting problems, including mental disorders and life adjustment issues. Employed a

variety of expressive arts techniques, cognitive behavioral therapies, and relationally based psychotherapy. Consultation and educational services were also provided.

- 1/1991-1/2002 ***Behavior Management Consultants, Private Practice***, Sacramento, CA. As above, services were delivered under this corporate umbrella. Sub-specialized in treating severe child abuse, conflicted custody, and illness and disability issues. Also provided consultation and educational services.
- 8/1986-1/1991 ***Roxanne Rae LCSW, BCD, Private Practice***, as above. Specialized in severe child abuse and the impact of illness and disability on the family. From February 1987 through August 1987, worked part time for Mercy Hospital of Sacramento, covering hospital in-patient and out-patient, rehabilitation services, and the Easter Seal Society of Sacramento.
- 1/1981-11/1985 ***Clinical Social Worker II***, Pediatric Gastroenterology and Nutrition Center, University of California, Davis Medical Center, Sacramento, CA. Developed and administered the social work component of this California Children's Services (CCS) authorized center. Created policies and procedures and program goals and objectives. Provided clinical services to both in-patient hospital and out-patient clinic patients. These included therapy, education, and coordination of services with multiple community agencies. Participated in clinical research and provided staff education. Developed a similar program for the CCS Pediatric Renal Center. Provided coverage to the S.C.A.N. (Suspected Child Abuse Neglect) Clinic, rendering psychological assessment and trauma counseling in the areas of

physical, medical, and sexual abuse. Provided clinical coverage to other pediatric CCS clinic and ward patients, including Pediatric Intensive Care Unit, Immunology and Rheumatology, Oncology, Surgery, Pulmonology, Orthopedics, and Endocrinology. Supervised and trained second-year graduate students and several volunteers.

5/1977- 1/1981 ***Social Worker, M.S.W.***, Dependent Foster Home Placement Bureau, Sacramento County Department of Social Welfare, Sacramento, CA. Developed and maintained a specialized caseload of critically ill, chronically ill, and disabled children in foster care. Provided psychotherapy and casework services focused on psycho-social factors related to illness, disability, and child abuse, including interventions with biological parents, children, and foster or adoptive families. Provided assessment of placement needs, made custody recommendations, and determined appropriate placements. Prepared cases for juvenile court, for legal guardianship, and for adoption procedures. Initiated and participated in case presentations for staff meetings. Provided consultation to colleagues in health related areas, and was responsible for the supervision and training of volunteers and undergraduate social work students. Provided in-service trainings for child welfare staff.

9/1976-6/1977 ***Social Worker***, Mt. Diablo Rehabilitation Center, Pleasant Hill, CA (Second-year graduate field placement-unpaid position). Casework interventions with disabled and chronically ill persons, including play therapy with children. Group work with multiple sclerosis (M.S.) patients and their families and the Independent Living Project. Responsible for community

relations with M.S. Society and agency volunteers. Participated in an interdisciplinary team, provided rehabilitation planning and patient advocacy, assessed service needs, and coordinated multiple agency case plans. Facilitated institutional placement for adults. Prepared case presentations for weekly team meetings.

10/1975-8/1976 ***Social Service Worker Trainee***, Sacramento County Department of Social Welfare, Sacramento, CA. (First year graduate field placement-paid position). Assigned to Dependent Foster Home Placement. Provided services as described above under Social Worker, M.S.W., at an entry skill level. Caseload was limited in size and closely supervised.

3/1973-9/1975 ***Family Service Worker, In-Home Supportive Services (IHSS)/ Adult Protective Service Worker, Family Planning Worker***, Sacramento County Department of Social Welfare, Sacramento, CA. Assessed the ability of aged and disabled persons to live independently, the need for in-home supportive services, and determination of eligibility for the IHSS program. Casework provided to terminally and chronically ill persons and their families and AFDC families. Group work in adult protective services. Identified unmet service needs and linked clients to services. Developed community resources, determined case plans, and coordinated all health related services, including discharge planning and follow-up care. As Family Planning Worker, answered "Pregnancy Crisis Line" and developed workshops to train volunteers. As volunteer coordinator and supervisor of volunteers, served on agency-community committees and did other public relations for the Health Department/Welfare Department Teen Clinic.

## Teaching: Continuing Education Unit (C.E.U.) Instruction

### ***Roxanne Rae, LCSW, BCD, Sacramento, CA.***

Taught 16-hour certification courses for professional therapists earning California Board of Behavioral Sciences C.E.U.'s. Designed course outlines, assignments, and multi-modal instructional aids for use in lecture, small group, dyad, and triad formats. Provided instruction in theory and application; demonstrated and modeled skills, knowledge, and abilities; and supervised learners and provided immediate feedback to reinforce learning.

"The Essential Principals of Sandtray/Sandplay," 2004 (two courses), 2003 (four courses), 2002 (three courses)

The Intermediate "Principles of Sandtray/Sandplay," 2004 (two courses), 2002

### ***Behavior Management Consultants, Sacramento, CA.***

Team-taught 16-hour certification courses for professional therapists earning California Board of Behavioral Sciences C.E.U.'s (as above).

"The Essential Principals of Sandtray/Sandplay," 2001 (two courses), 2000 (three courses), and 1999

"The Intermediate Principals of Sandtray/Sandplay," 2001 (two courses) and 2000

### ***2002 Annual Sandtray Network National Conference, San Rafael, CA.***

"Treasures of the Psyche: Exploring the Depth of the Sandtray Process." Two-hour workshop, "Sandtray Therapy with Childhood Trauma in Conflicted Custody Disputes."

### ***California Society for Clinical Social Work, Sacramento, CA.***

District Educational Meeting. Three-hour C.E.U. workshop, "Childhood Trauma in Conflicted Custody," 2000

***Vision Quest Into Symbolic Reality, Oakland, CA.***

Team-taught 16-hour training course leading to professional certification in sandtray therapy. Utilized teaching manual and fixed instructional format developed by Vision Quest.

Sandtray-Worldplay Training, Level One (three courses each year), 1995-1998

Sandtray-Worldplay Training, Level Two 1998, 1997 (three courses), 1996

Sandtray-Worldplay Training, Level Three (1998)

***Seventeenth Annual Conference on Child Abuse and Neglect***, University California, Davis Medical Center, Sacramento, CA. Four-hour C.E.U. workshop, "Sandtray-Wordplay: A Multidimensional Approach to Healing, Parts One and Two," 1998

***California Society for Clinical Social Work 25<sup>th</sup> Annual Conference***, Monterey, CA. Two-hour workshop, "Children Living with HIV Positive/AIDS Parents," 1994

**Teaching for Rogue Community College**

**Rogue Community College**, Medford, OR. Part-time instructor with the Human Services Program, Riverside Campus.

HD190 Assertiveness Training (Winter 2006)

HS261C and HS262C Social Services Practicum and Seminar and Substance Abuse Practicum and Seminar (Winter 2006)

HS261D and HS262D Social Services Practicum and Seminar and Substance Abuse Practicum and Seminar (Spring 2006)

### Teaching for Los Rios Community College District

*Los Rios Community College District*, Sacramento, CA. Contract instructor or co-instructor for Sacramento County Foster Family Home Licensing Program. Taught non-credit 9-hour and 6-hour vocational certification classes with required homework assignments using lecture, small group, and dyad and triad formats. Designed course outlines, assignments, handouts, and multimode classroom instruction aids. Taught theory, knowledge, and skills.

"Dealing With the Sexually Abused Child," Spring 2006, Fall 2004, Spring 2003, Spring 2001, Spring 2000, Fall 1999, Spring 1999, Spring 1997, Spring 1996

"Understanding the Sexually Abused Child," Spring 2006, Fall 2004, Spring 2003, Spring 2001, Spring 2000, Fall 1999, Spring 1999, Spring 1997, Spring 1996

"Understanding and Dealing With the Sexually Abused Child," 1996, 1995, 1994

"Understanding and Dealing With the Angry, Aggressive Child," Spring 2002, Fall 2001, Spring 2001(twice), Fall 2000  
"Dealing With Anger," 2000

"The Sexually Abused Child," 2000-three hour module

"What is Treatment Anyway?" Spring 2001, Fall 2001

## Other Teaching: Workshops and Trainings

Folsom-Cordova Unified School District, Rancho Cordova, CA,  
 "Counseling Staff Training-Use of the Sand Tray With School Aged  
 Children," 2005

Folsom-Cordova Unified School District, Rancho Cordova, CA,  
 "Counseling Staff Training-Introduction to the Use of the Sand Tray With  
 School Aged Children," 2004

SGI-USA Sacramento Region Monthly Parent Meeting, " Helping Your Child  
 Have a High E.Q. (Emotional Quotient)," 2004

SGI-USA Annual "Raising Our Children Conference," Ft. Lauderdale, FL,  
 "Helping Your Child Manage Angry Feelings and Aggressive Behaviors,"  
 2002

SGI-USA Annual "Healing Arts and Legal Division Conference," Ft.  
 Lauderdale, FL, "Managing Anger in the Work Place," 2002

SGI-USA Sacramento Region Monthly Parent's Meeting, "Helping Your  
 Child Manage Angry Feelings and Aggressive Behaviors- An Interactive  
 Workshop," 2002

SGI-USA Annual "Raising Our Children Conference," Ft. Lauderdale, FL,  
 "Alternative Parenting: Co-Parenting, Blended Families, Single Parents,  
 Same Gender Parents, Etc.," 2001—with D. Pryor

Hale' Opio Kauai's Inc., Kauai, Hawaii, "Clinical Staff Training: Worlds of  
 the Sexually Abused," 2001—with D. Pryor

SGI-USA, "Study Conference", Antigua, West Indies, "Transforming Our  
 Angry Nature," 2000—with D. Pryor

SGI-USA, "Study Conference," Sint Maarten, Netherlands Antilles, DWI, "Transforming Our Angry Nature," 2000—with D. Pryor

SGI-USA, "Northern California Study Conference," Burlingame, CA, "Transforming Our Angry Nature," 2000—with D. Pryor

National University, Sacramento, CA, Introduction to Child Therapy Class, "Using the Sand Tray With Children," 1999, 2000—with D. Pryor

Sandtray Network, Quarterly Meeting, Sacramento, CA, "Use of the Sandtray in Healing Sexual Abuse," 1998—with D. Pryor

Sierra Family Services, Roseville, CA, "Clinical Staff Training: Child Therapy-Theory and Practice," 1998

The Learning Exchange, Sacramento, CA, three-hour course, "Art for Self-Exploration," 1997, 1998

SGI-USA "Culture Department Regional Conference-Bridging the Gap Between Conventional and Complimentary Medicine," Sacramento, CA, "Evoking Experience for Healing," 1997

Sacramento AIDS Interfaith Network, Sacramento, CA, "Stories from the Children: HIV-Negative Children Living with HIV-Positive Parents," 1997—with D. Pryor

AFTER Counseling Services, Sacramento, CA, "Clinical Staff Training-An Introduction to Sandtray/Worldplay," 1995, 1996—with D. Pryor

SGI-USA "Northern California Leadership Conference," Sacramento, CA, "Dealing with Anger," 1995—with D. Pryor

Families for Children Foster Care Agency, Sacramento, CA, Foster parent class, "Understanding and Dealing With the Sexually Abused Child," 1995 (four sessions)—with D. Pryor

Positive Options Family Services, "Staff Training-An Introduction to Sandtray/Worldplay," 1995—with D. Pryor

Families for Children Foster Care Agency, Sacramento, CA, "Clinical Staff Training-An Introduction to Sandtray/Worldplay," 1995—with D. Pryor

SGI-USA Sacramento Young Women's Division Monthly Meeting, Sacramento, CA, "Dealing with Anger," 1994

SGI-USA Culture Department, Sacramento, CA, "The Development of Self Esteem in Children and Adults," 1992—with D. Pryor

SGI- USA Culture Department of Northern California, San Francisco, CA, "Supporting the Dignity of Life in Children: Meeting Their Emotional needs," 1991

Sacramento Valley Psychology Association, Sacramento, CA, "The Use of Sandtray in the Treatment of Children," 1991—with D. Pryor

National Foundation for Ileitis and Colitis Inc., Sacramento Chapter, Sacramento, CA, "Social and Emotional Issues for Children with Inflammatory Bowel Disease," 1988

Conference of Pediatric Residents, University of California, Davis Medical Center, Sacramento, CA, "Munchausen Syndrome by Proxy: Diagnosis and Intervention," 1986

Third International Conference on Pediatric Social Work, Miami, FL, "A Bizarre Form of Child Abuse? Munchausen Syndrome by Proxy," 1984

University of California Davis School of Medicine, Sacramento, CA, three preceptorships for third-year medical students in pediatric rotation, 1982-1984

California Children's Services, Sacramento, CA, "Assessment and Intervention of Psychosocial Problems in Pediatric Gastroenterology Center Patients," 1984

National Foundation for Ileitis and Colitis, Inc., and University of California, Davis Medical Center, Sacramento, CA, "Social and Psychological Issues for Children and Adolescents with Inflammatory Bowel Disease," 1984

FICC Consumer Project for the Indochinese and Southeast Asian Medical/Cultural Interpreting Seminar, University of California, Davis Medical Center, Sacramento, CA, "Pediatric Social Services with Indochinese Peoples," 1983

University of California, Davis Medical Center, Departments of Pediatrics and Surgery, Sacramento, CA, "Community Presentation: Team Approach and Social Work in Pediatric Liver Disease," 1983

University of California, Davis Medical Center, Departments of Pediatrics and Surgery, Sacramento, CA, "Working with Parents of Chronically Ill Children," 1983

Alta California Regional Center, Sacramento, CA, "Psychosocial Issues in Gastrostomy Feeding," 1982

University of California, Davis Medical Center School of Nursing, Sacramento, CA, "Pediatric Social Work," 1982

Sacramento Pediatrics Society and University of California, Davis Medical Center Pediatric Renal Disease Conference, Sacramento, CA, "Psychosocial Problems in Children With Renal Disease," 1982

University of California, Davis Medical Center, Department of Pediatrics, Sacramento, CA, "Community Presentation: Team Approach and Social Work in Pediatric Renal Disease," 1981-1982 (three sessions)

Northern California Association of Nephrology Social Workers,  
Sacramento, CA, "Social Work Interventions with Children and  
Adolescents Who Have Renal Disease," 1981

### Publications

"Using the Brain's Biology to Become Humanistic Parents: History is Not  
Destiny," *Living Buddhism*, 8 (Aug 2004), 10-11

"Using the Brain's Biology to Become Humanistic Parents: Raising  
Humanistic Children: An Introduction," *Living Buddhism*, 7 (October  
2003), 12-13

"Helping Your Child Manage Angry Feelings and Aggressive Behaviors,"  
*Living Buddhism*, 7 (December 2001), 29-33--with D. Pryor

"Book Review: *Good Friends Are Hard To Find*," California Society for  
Clinical Social Work, *Clinical Update*, XXXI (June 2001), 4, 10

"Commentary: Children and the Art of Friendship," California Society for  
Clinical Social Work, *Clinical Update*, XXXI (June 2001), 7, 10

"Transforming Our Angry Nature," *Living Buddhism*, 5 (February 2001),  
32-39--with D. Pryor

"Aspects of the Sandtray/Sandplay Session," *The Sandtray Network  
Journal*, 4 (Summer 2001), 16-19--with D. Pryor

"Childhood Trauma in Conflicted Custody Disputes," California Society for  
Clinical Social Work, *Clinical Update*, XXXI (January 2001), 3, 8-9

"Childhood Trauma in Conflicted Custody Disputes," *The Sandtray  
Network Journal*, 4 (Winter 2000), 15-18

"Book Review: *In the Name of the Child—A Developmental Approach to Understanding and Helping Children of Conflicted and Violent Divorce*," California Society for Clinical Social Work, *Clinical Update*, XXX (May 2000), 6

"Book Review: *Shocks to the System: Psychotherapy of Traumatic Disability Syndrome*," California Society for Clinical Social Work, *Clinical Update*, XXX (June 2000), 4, 9

"Worlds of the Abused," *The Sandtray Network News*, 3 (Summer 1999), 1, 3-4—with D. Pryor

"Three But Not Three," *World Tribune*, May 21, 1999, 10

"Some Comparisons of Sand Tray Approaches," *The Sandtray Network Journal*, 2 (Winter 1998), 13-15

"Dream Defenders: Group Sandtray Work with Children of HIV-Infected Parents," *The Sandtray Network Journal*, 2 (Summer 1998), 15-16—with D. Pryor

"Sandplay: Ancient Tradition, Future Directions," *The Sandtray Network News*, 1 (Summer 1997), 4

Contributions to *Forgotten Children of the AIDS Epidemic*, Geballe, S., Gruendel, J. and Andiman, W., eds. New Haven: Yale University Press, 1995. 8-9, cover artwork.

"Book review: *Hurting for Love: Munchausen By Proxy Syndrome*," *Clinical Social Work Journal*, 22 (Winter 1994), 465-466

"Miscarriage," *Sharing Parents Newsletter*, XII (April/May 1992), 2

"Reader's Essay: Buddhism in America: Supporting the Dignity of Life in Children," *World Tribune*, February, 3, 1992

## Miscellaneous and Community Service

1974-2005 *Volunteer*, SGI-USA, Sacramento, CA. Held various positions of leadership responsibility, including Region Study Committee and Region Culture Department Chair.

2001 *Oasis 96.3: Radio Talk Show Guest*, Sint Maarten, Netherlands Antilles, DWI, "Basic Signs of Childhood Sexual Abuse."

1996-2001 *Volunteer*, AIDS Interfaith Network of the Sacramento-Sierra Foothills, CA, Representative for SGI-USA. Chair 1998 Annual Conference and co-chair 1997 Annual Conference.

1990-1995 *Volunteer*, *Mental Health Network* of the Sacramento AIDS Foundation-4000 hours. Developed and implemented sandtray and play therapy program for HIV-negative children living with HIV-positive/AIDS parents. Provided administrative and clinical services. Raised funds. Performed public relations duties, including initiating and coordinating an art gallery show for program clients' artwork, "Quiet Fire: Forgotten Children of the AIDS Epidemic" (1994). Also served as a consultant for a made for T.V. movie, a variety of T.V. news shows, and newspaper articles on this subject.

1986-1990 *Volunteer Facilitator*, Bereavement Outreach, Sacramento, CA.

1987 *Volunteer Presenter*, Sharing Parents bereavement support group, Sacramento, CA. Discussion and group facilitation, "The Effects of a Sibling's Death on Surviving Children."

1981-1986 *Volunteer Advisor*, National Children's Liver Foundation, Northern California Chapter, Sacramento, CA. Directed educational meetings, fundraising events, and community relations.

1980-1984 *Board of Behavioral Sciences Examiner, State of California-Expert Commissioner*. Spring 1980, Fall 1980, Spring 1981, Fall 1981, Spring 1982. Expert Commissioner-Appeal Review: Spring 1983, Fall 1983, Spring 1984, Fall 1984. Content Expert: Spring 1984.

1971-1972 *Volunteer*, Mt. Diablo Free Clinic, Pleasant Hill, CA. Peer counselor and educational discussion group leader. Organized speaker's bureau and out-reach community education. Student representative to the "Citizen's Advisory Committee" for the Contra Costa County Health Department.